Acceptance, Allowing & Surrender move you to the Ring of Fire & then to Core of Peace

CIRCUMSTANCES

  **C**

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Thoughts about the C meet the Core Beliefs and experience RESISTANCE

C

CIRCUMSTANCES

 C

**CORE BELIEFS**

**CORE BELIEFS**

**How I need things to be to feel okay**

**CORE BELIEFS**

**RING OF FIRE**

**RING OF FIRE**

C